

**Sunday, July 17, 2022**

Sixteenth Sunday in Ordinary Time

**16<sup>TH</sup> SUNDAY IN  
ORDINARY TIME**

**PARISH OFFICE HOURS**

**Monday - Thursday: 9am - 4pm  
Fridays & Weekend: By Appointment**

**Email: [stluke.dc@adwparish.org](mailto:stluke.dc@adwparish.org)  
[www.stlukechurchssj.org](http://www.stlukechurchssj.org)**



The Lord said to her in reply, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her." - Lk 10:41-42

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. G.L.P.

Staffed by the Josephite Fathers and Brother

Serving Washington DC (Far S.E., N.E., and Prince Georges County since 1957)



**ST. LUKE  
CATHOLIC CHURCH**

**4925 E. CAPITOL STREET, WASHINGTON, DC  
20019**



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**Welcome**

St. Luke is a warm and embracing parish family. We gladly extend our love and warmth to all those who desire to worship and follow our Lord, Jesus Christ. Come join us to celebrate the Holy Eucharist which is the source and summit of our Christian life. Our theme for 2019 is "Teach us to number our days, that we may gain a heart of wisdom." [Psalm 90:12] Together we will praise God, love one another and serve each other.

**Mass Schedule**

**Saturday Vigil Mass: 4:00pm**

**Sunday Masses: 8:30am & 11:00am**

**2nd Sunday 1:15pm (Igbo) 3rd Sunday 1:15pm (French)**

**Weekday Masses**

**In St. Luke Church**

**Monday: 10:00am & Thursday: 10:00am**

**Wednesday Bible Study: 6:00pm**

**Holy Hour/ Adoration**

**Every First Friday 6:00pm . -7:00pm**

**Sacrament of Reconciliation**

**Saturday: 3:00-3:45pm Sunday: 7:30am-8:15am**

**Sunday: 10:00am-10:45am Or by appointment**

**Sacrament of Baptism**

Infant Baptism registration takes place at the Parish Office prior to baptism preparation class which is held on the First Saturday of each month. Baptism takes place every First Sunday after the 11:00 a.m. Mass. Please call parish office for more information.

## PASTOR'S CORNER

### Martha & Mary: Learning Not to Worry

By Fr. Ed Broom, OMV

Do you ever worry? If so, why do you worry? Then next: when do you worry? Still more: does your worrying help you in any way you can think? Finally, what is it that can bring your worrying to a halt? The whole reality of worrying so prevalent in these stressful times should be addressed and what is the remedy.

**Martha and Mary.** Jesus had three friends who were sisters with their brother: Mary, Martha, and Lazarus. They lived not too far from the city of Jerusalem in a town called Bethany. Jesus was their friend and their guest. Jesus loved these three and found warmth and comfort to go to their home and visit. However, on one occasion there surfaced from the heart and lips of Martha an intense worry. The reason for the worry? By nature Mary was more of a contemplative. This means that Mary thrived on silence, reflection, and contemplation. On the contrary, Martha was a ball of energy! By nature very active, Martha liked to get things done. She was a planner and an organizer. A homemaker and cook, she liked things to turn out according to her plans and schedule.

On one occasion Jesus was a guest and apparently Martha was off schedule and did not have things ready according to her preconceived plans. Somewhat nervous, moving a mile a minute, carrying and worrying for Jesus she stopped to observe a scene that really bothered her. Despite the many tasks that were incomplete, her sister Mary was simply sitting before Jesus and apparently doing nothing; or at least Mary was not doing anything very profitable! Mary was just sitting at the feet of Jesus, even though still so much had to be done! What do you think was undone? Well, it could be that the table was not ready. Maybe in the kitchen the food was not yet totally prepared. Maybe there was not enough water for drinking or washing. Who knows, maybe the house was not as clean as it should have been! In any case, things were not ready according to the criteria of Martha; and this was wrong and it had to be remedied and as soon as possible!

#### *How To Remedy It*

Martha, the pragmatist and the “doer” had a simple but, what she thought, a very efficient idea: two hands are better than one; or the other proverb: “Many hands make light work.” Therefore, Martha goes to Jesus to complain, what Martha thought was a very justified complaint! In any case, the complaint was directed at having things ready quicker for Jesus! So Martha tells Jesus to tell Mary to help her! This seems to be a fairly reasonable request, very logical, practical, well-ordered and reasonable!

Jesus gave a surprising response: a gentle rebuke! Instead of Jesus telling Mary to get up in a hurry and to help Martha so as to have the schedule run perfectly on time, according to Martha’s criteria, Jesus gently rebukes Martha. Listen to Jesus’ words: “Martha, Martha, you are worried about many things. Mary has chosen the best part and she will not be deprived of it.” How then can we interpret these surprising words of Jesus that were honestly in favor of what Mary was doing and a gentle fraternal correction to Martha?

Excerpt culled from <https://catholicexchange.com/martha-mary-learning-not-to-worry/>

### REFLECTION FOR THE SIXTEENTH SUNDAY IN ORDINARY TIME

“Our families need to ask for the gift of the Spirit! Through prayer, even in the busiest times, we give time back to God, we find the peace that comes from appreciating the important things, and we encounter the joy of God’s unexpected gifts. Through daily prayer may our homes become, like the house of Martha and Mary, places where Jesus always finds a warm welcome (Pope Francis).” While it is necessary to attend to the details of hospitality, learning how to be present to people, experiences, and God is sometimes more important. Creating homes that are welcoming environments requires not only organization and structure but members who truly enjoy being there and celebrating life with one another.

Details can often get the best of us. While attending to details is important to success, our obsession with them can be problematic. Whether wanting to make a good impression, fear of failure, insecurity, or emotional immaturity, throwing ourselves into the “details” of hospitality can distract us from being present to those we want to serve. Conversely, focusing exclusively on being present without any attention to detail also sets our attempts at hospitality up for disaster! We need a balance of both. But creating a truly welcoming space in our homes and within ourselves requires still more.

We have to be empty of ourselves. Becoming a welcoming, hospitable person is not possible in someone focused on their own needs and desires. If the one we serve is the one who looks back at us in the mirror, then there is no space for anyone else. While Martha and Mary had different ideas of what it means to serve, they both had the inner space and freedom to do so. They were detached from themselves.

Detachment becomes the challenge to hospitality and creating a God-centered, open-hearted space in our lives. When we impulsively act out of our personal agendas, violence, abuse, pride, greed, lust, power, control, passion, and self-aggrandizement encroach upon the space needed to be present to another human being. Not only can others not find a home in us, but even God cannot find a home in us!

Liturgical Publication 2015

HAPPY BIRTHDAY/ANNIVERSARY

We would like to wish a wonderful happy birthday to Louvina Miles, Janille M. Thompson, William Brown, Caleb Brown, Kelly Tatum,, Cecelia Williams, Mark Wells, Gladys Lee Holley, Marvin Ford, and Jackie R. Thornton and a wonderful wedding anniversary to Mr. & Mrs. Dwayne & Brenda Edmond .

**MAY THE JOY OF THE LORD  
BE YOUR STRENGTH!!!**

Readings for the week of July 17, 2022

**Sunday:** Genesis 18:1-10a/Psalms 15:2-3, 3-4, 5 [1a]/ Colossians 1:24-28/Luke 10:38-42

**Monday:** Micah 6:1-4, 6-8/Psalms 50:5-6, 8-9, 16bc-17, 21 and 23/Matthew 12:38-42

**Tuesday:** Micah 7:14-15, 18-20/Psalms 85:2-4, 5-6, 7-8//Matthew 12:46-50

**Wednesday:** Jeremiah 1:1, 4-10/Psalms 71:1-2, 3-4a, 5-6ab, 15 and 17/Matthew 13:1-9

**Thursday:** Jeremiah 2:1-3, 7-8, 12-13/Psalms 36:6-7ab, 8-9, 10-11/Matthew 13:10-17

**Friday:** Song of Songs 3:1-4b or 2 Corinthians 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/John 20:1-2, 11-18

**Saturday:** Jeremiah 7:1-11/Psalms 84:3, 4, 5-6a and 8a, 11/Matthew 13:24-30

**Next Sunday:** Genesis 18:20-32/Psalms 138:1-2, 2-3, 6-7, 7-8 [3a]/Colossians 2:12-14/Luke 11:1-13

Church Support

Please consider making a donation to support our parish during this trying times. You may Drop off or mail your gifts to the parish. You may give online through our website:

<http://www.stlukechurchssj.org/>

And clicking on the donate button.

You may also TEXT: 202-335-3116

WEEKLY MASS

**Monday 7/18**  
Eternal repose of the soul of Bridgett Banks+++ by Daughters of Isabella

**Thursday 7/21**  
Blessings and protection for Mary Cooper by Daughters of Isabella

**Tuesday 7/19**  
Weekday Mass

**Friday 7/22**  
St. Mary Magdalene

**Wednesday 7/20**  
St. Apollinaris

**Saturday 7/23**  
St. Bridget

Pray for the Sick & Shut-In of Our Parish

Barbara Barnes  
Blanche Bourm  
Barbara Batts  
Tanisha Bennett  
Tammy Berry  
William P. Brown  
Ruth Bundy  
Beatrice Carroll  
Rita Clines  
Melinda Conrad-Brown  
Edith Cornish  
Aniceto Charles  
Patricia Chase  
Valene Chemoo  
Joyce Cristwell  
Alvera Dance

Iyana Davage  
Joyce Diggs  
Lamont Diggs, Sr.  
Crawley Easley  
Marita C. Edelin  
Joshua M. Faison  
Kimbolyn Flowers  
Anthony Flowers  
Tina Garvin  
Katrina Griffin  
Florence Hall  
Steve Halle  
Chris Hawkins  
Brenda Henson  
James Holley  
Rudolph Holley  
James Hughes

Melvin Jamison  
Mary Ann Johnson  
David & Keisha Jones  
Dawn Lattimer  
Lawrence Lee  
Maria A. Logan  
Bernadette Mahoney  
Doreene Mahoney  
Barbara Mallory  
Doris McCannon  
Alice L. Montague  
Veronica Murray  
Kathy Ndouga  
David Neal  
Florence Patterson  
Marlene Patterson  
Silvia Perry

Doreene Redd  
Corley Redd  
Leroy Sandifer  
Betty Smith  
Kayla Tatum  
Rolland Taylor  
Gloria Thompson-Price  
James F. Thompson, Jr.  
Matthew Thompson  
Barbara B. Tyler  
Wayne A. Wallace  
Marquita Ward  
Shiela Washington  
Steven Washington  
Charles Watson, Jr.

Cecelia Williams  
Lois Williams  
Wellington Waters  
Dolores Woodard, Jr.  
Harold Woodard, Sr.  
  
St Luke military families.  
  
All the Homeless men and women in our community.  
  
Please pray for all those who are sick but have no one to pray for them



## PARISH NEWS AND EVENTS

Dear Parishioners, our Tree of Life has not fully bloomed. We are continuing the sale of leaves the northwest corner of the inside of the church (East Capitol St. side) There are 21 leaves still available for memorializing deceased family members or posting your current family names or beliefs. Each leaf is \$250 and can be paid in monthly installments. All proceeds will be used for the improvement of our beautiful church. Please contact Kathy Harris Ndouga if you would like more details at (202) 575-8732.

### St. Luke Parish Weekly Schedule

Mondays Morning Mass @ 10:00am (will also be livestreamed)

Wednesday Bible Study Live Stream & Voice @ 6:00pm

Thursdays Morning Mass @ 10:00am (will also be livestreamed)

**First Friday Adoration @ 6:00pm**

Saturday Holy Rosary (Voice call only) @ 6:00pm

Easter Sunday Mass 8:30 am & 11:00am (11am mass will also be livestreamed)

To continue assisting St. Luke: You may **DROP OFF** your donation or **MAIL** your check or visit our **WEBSITE** <http://www.stlukechurchssj.org/Donate> OR **TEXT**: 202-335-311621

Offertory Contributions for 7/10/2022:

\$5,358.05

May God reward you abundantly for your generosity.

### Quote of the Day

“Worry is a thin stream of fear trickling through the mind. If encouraged, it cuts a channel into which all other thoughts are drained.”

– **Arthur Somers Roche**

## ARCHDIOCESAN NEWS

**EVENING REFLECTION FOR COUPLES** on Wednesday, August 17, 2022. Married and Engaged couples are invited to an Evening of Reflection especially for you! Plan to join Our Lady of Bethesda Retreat Center for a holy date night that will help you prepare your marriage for Lent and beyond. The evening will begin with mass and include a delicious dinner, talk, time for quiet reflection and the opportunity for confession. \$60 per couple. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Registration is required so that we can properly prepare. We also have monthly Mini-Retreats for women and Evenings of Reflection for men. Visit us at [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301-365-0612.

**COME AND EXPERIENCE HEALING AND FREEDOM!** Encounter School of Ministry DC is pleased to present the Summer Intensive, taking place on the evenings of July 25-28 at Mother of God Campus, 20501 Goshen Road, Gaithersburg, MD. All are invited to experience the supernatural love and healing power of God during this power-packed, four-night event. Come for the anointed worship, dynamic speakers, inspirational testimonies, and encouraging fellowship with Catholics from all around the DC metropolitan area. All courses are in conformity with the teachings and traditions of the Catholic Church. Visit <https://encounterministries.us/endorsements/> for a full list of diocesan support. Click on the link below to learn more. **Space is limited, register soon!** <https://encounterdc.regfox.com/encounter-dc-summer-intensive-2022>