

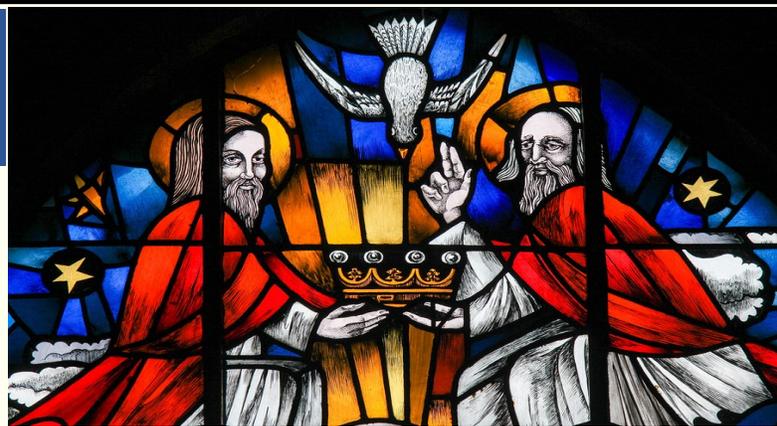
Sunday, June 4, 2020

THE MOST HOLY TRINITY

PARISH OFFICE HOURS

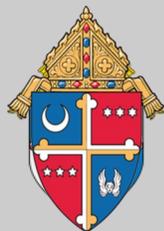
Monday - Thursday: 9am - 4pm
Fridays & Weekend: By Appointment

Email: stluke.dc@adwparish.org
www.stlukechurchssj.org



Staffed by the Josephite Fathers and Brother

Serving Washington DC (Far S.E., N.E., and Prince Georges County since 1957)



ST. LUKE

CATHOLIC CHURCH

4925 E. CAPITOL STREET, WASHINGTON, DC
20019



PASTORAL STAFF

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Mrs. Shirley Williams

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Mrs. Hope Brown
(202) 584-1400

Welcome

ST. Luke is a warm and embracing parish family. We gladly extend our love and warmth to all those who desire to worship and follow our Lord, Jesus Christ. Come join us to celebrate the Holy Eucharist which is the source and summit of our Christian life. Our theme for 2019 is "Teach us to number our days, that we may gain a heart of wisdom." [Psalm 90:12] Together we will praise God, love one another and serve each other.

Mass Schedule

Saturday Vigil Mass: 4:00pm

Sunday Masses: 8:30am & 11:00am

2nd Sunday 1:15pm (Igbo) 3rd Sunday 1:15pm (French)

Weekday Masses

In the Martin De Pores Chapel

Monday: 10:00am

Tuesday: 8:00am

Wednesday: 8:00am Thursday: 10:00am Friday: 8:00 am

Stations of the Cross

Every Friday 6:00pm . -7:00pm

Sacrament of Reconciliation

Saturday: 3:00-3:45pm Sunday: 7:30am-8:15am

Sunday: 10:00am-10:45am Or by appointment

Sacrament of Baptism

Infant Baptism registration takes place at the Parish Office prior to baptism preparation class which is held on the First Saturday of each month. Baptism takes place every First Sunday after the 11:00 a.m. Mass. Please call parish office for more information.

PASTOR'S CORNER

What Is the Trinity?

It's a mystery -- but we'll try to explain it

BY MIKE HAYES

The Trinity is the manner in which Catholics believe God is revealed to the world. The Catechism of the Catholic Church tells us, "The mystery of the Holy Trinity is the central mystery of the Christian faith and of the Christian life." (CCC, #261) The Church shows that because God is "mystery," meaning that we just can't pin God down — we're unable to know *everything* there is to know about God — God has tried to communicate to us just who He is. Traditionally, the Church expressed this as, God being revealed as Father, Son, and Holy Spirit, three expressions or "persons" of one divine essence.

The Trinity is one. Catholics do not believe in three Gods but rather one God in a unity of three persons with one divine nature. Sound confusing? One analogy that could be helpful is to think of the different states of matter: solid, liquid, and gas. Ice can become water and water can become steam. All of these are the same essence and contain equal amounts of hydrogen and oxygen but they appear in different forms.

God the Father: The church uses the image of the Father — the Creator from which everything flows and has its being — to express the first person of the Trinity. While the Son and the Holy Spirit are not "lesser gods" they do proceed from the Father as God's own self-gift to humanity.

God the Son: The second person of the Trinity is the Son — Jesus himself, God become man. Catholics believe that God freely chooses to come into human history in the person of Jesus. God becomes like us and dies our human death for us. But because Jesus is God, He cannot be held by death and rises to a new life, supremely better than human experience.

God the Holy Spirit: The third person of the Trinity is the Holy Spirit, who proceeds from both the Father and the Son. Jesus announces that his Father will send the Holy Spirit to be with and in the disciples, to teach and guide them. The Spirit is God's real presence living within all of us, which brings us inspiration (which literally means "to draw in the Spirit").

God is three "persons" but one "essence." The Father is just as much "God" as the Son and neither is "more God" than the Spirit. Still confused? Let's try thinking of these things in yet another way. Instead of "persons" let's substitute the word "expressions" of God. Expressions of God — The Trinity can be thought of in these three expressions:

God is "beyond us." We can never really fathom what God is, but we know that He is far beyond our limited human nature or anything we can come to know in that human experience. God is the ultimate mystery, the question that we never fully answer. This is God the Father — the creator, the one who is beyond all understanding. God is also "among us." We come to know God in the person of Jesus. God takes on our human nature and becomes "one of us." Catholics also believe that this human experience of God continues in the sacrament of the Eucharist. God the Son is among us.

God is also "within us." God is the "divine spark" that awakens us to the fact that we are alive. God imbues us with our creativity, our gifts and talents, and our limitations as well. As we come to know ourselves as people, we also come to know God — who knows us better than we know ourselves. This is the experience of God the Holy Spirit. God is all these things and more. We don't know all that God is but this is how God has been revealed to us throughout the course of our history — how we have come to best express God.

<https://bustedhalo.com/ministry-resources/what-is-the-trinity>

Reflection for The Most Holy Trinity

A well-choreographed dance can be truly inspirational. Each movement and step are interconnected, each contributing a piece of the unfolding artistic story. The beholder is caught up in the rhythms, music, and gestures, realizing that none are dispensable and all are necessary. The same is true of the Divine Dance of the Trinity. Each Person plays a part, using unique gestures and movements that are connected to the other Divine Partners. They tell a story of love. Every movement and step is born of love and flows on into eternity. The Divine Dance never ends.

God the Creator powerfully, yet with gentle love, leads. Creating and recreating, birthing and sustaining, He dances with the compassionate incarnate Son, guided by the breath of the Holy Spirit. They are three distinct Persons but move as One. On one hand, the cascading flow of their Presence appears motionless, yet on the other, flows and moves with effortless attention. They share one heart, one goal, and one purpose and invite all of creation to join in their dance, their joy.

The energy of the Trinity flows through all created things. It is a dance of the heart, not of the mind. It has to be experienced, not dissected, and contemplated, not understood. We stand in awe of the Divine Dance and find ourselves watching in amazement all that God creates and sustains.

The dance continues in the majesty of a mountain, the power and wonder of an ocean, and the vastness of the universe. It moves in the cry of a newborn infant and in the soul of one who has been forgiven. It flows in the cry for justice and in the wounds of the oppressed. It circles through the changing of seasons, the cycles of birth and death, and the wisdom that one acquires when they love God.

The Dance never ends. Its movements and rhythms go on forever. The Trinitarian Dance sustains all things, endures all things, and brings hope. You are invited to dance. Don't just watch as if you were simply a spectator. Join in the dance and move as they move.

Liturgical Publications 2015

HAPPY BIRTHDAY/ANNIVERSARY

We would like to wish a wonderful happy birthday to Gloria Fantroy, Chris Edelin, John Faxio, Laita Murchinon, A-Abu Mansaray, Sr., Fred Tolson and a wonderful wedding anniversary to Mr. and Mrs. Philip M. and Hazel J. Faxio.

MAY THE JOY OF THE LORD
BE YOUR STRENGTH!!!

Readings for week of June 7, 2020

Sunday: Exodus 34:4b-6, 8-9/Deuteronomy 3:52, 53, 54, 55, 56 [52b]/2 Corinthians 13:11- 13/John 3:16-18
Monday 1 Kings 17:1-6/Psalms 121:1bc-2, 3-4, 5-6, 7-8 [cf. 2]/Matthew 5:1-12
Tuesday: 1 Kings 17:7-16/Psalms 4:2-3, 4-5, 7b-8 [7a]/Mathew 5:13-16
Wednesday: 1 Kings 18:20-39/Psalms 16:1b-2ab, 4, 5ab and 8, 11 [1b]/Matthew 5:17-19
Thursday: Acts 11:21b-26; 13:1-3/Psalms 65:10, 11, 12-13 [2a]/Matthew 5:20-26
Friday: 1 Kings 19:9a, 11-16/Psalms 27:7-8a, 8b -9abc, 13-14 [8b]/Matthew 5:27-32
Saturday: 1 Kings 19:19-21/Psalms 16:1b-2a and 5, 7-8, 9-10 [cf. 5a]/Matthew 5:33-37
Next Sunday: Deuteronomy 8:2-3, 14b-16a/Psalms 147:12-13, 14-15, 19-20 [12]/1 Corinthians 10:16-17/John 6:51-58

Church Support

Please consider making a donation to support our parish during this trying times. You may Drop off or mail your gifts to the parish. You may give online through our website: <http://www.stlukechurchssj.org/> And clicking on the donate button. You may also TEXT: 202-335-3116 God bless and keep you safe.

EASTS FOR THE WEEK

Monday 06/08 Weekday	Thursday 06/11 St. Barnabas
Tuesday 06/09 St. Ephrem	Friday 06/12 Weekday
Wednesday 06/10 Weekday	Saturday 06/13 St. Anthony

Pray for the Sick & Shut-In of Our Parish

Barbara Barnes	Marita C. Edelin	David & Keisha Jones	Kecia Proctor	Cecelia Williams
Blanche Bourm	Irena Fields	Dawn Lattimer	Doreene Redd	Wellington Waters
Barbara Batts	Florence M. Fields	Lawrence Lee	Xavier Roots	Dolores Woodard, Jr.
Tanisha Bennett	Tina Garvin	Fred Lewis	Leroy Sandifer	Harold Woodard, Sr.
Tammy Berry	Elizabeth Gillem	Maria A. Logan	Betty Smith	St Luke military families.
Ruth Bundy	Florence Hall	Bernadette Mahoney	Kayla Tatum	
Beatrice Carroll	Steve Halle	Doreene Mahoney	Rolland Taylor	
Melinda Conrad-Brown	Chris Hawkins	Barbara Mallory	Gloria Thompson-Price	All the Homeless men and women in our community.
Edith Cornish	Brenda Henson	Doris McCannon	James F. Thompson, Jr.	
Aniceto Charles	Norma Henson	Alice L. Montague	Matthew Thompson	Please pray for all those who are sick but have no one to pray for them
Patricia Chase	James Holley	Veronica Murray	Barbara B. Tyler	
Valene Chemoo	Rudolph Holley	David Neal	Wayne A. Wallace	
Joyce Cristwell	James Hughes	Florence Patterson	Marquita Ward	
Alvera Dance	Melvin Jamison	Marlene Patterson	Shiela Washington	
Iyana Davage	Mary Ann Johnson	Silvia Perry	Steven Washington	
		Lillian Pharms		

PARISH NEWS AND EVENTS



Dear Parishioners, our Tree of Life has not fully bloomed. We are continuing the sale of leaves the northwest corner of the inside of the church (East Capitol St. side) There are 21 leaves still available for memorializing deceased family members or posting your current family names or beliefs. Each leaf is \$250 and can be paid in monthly installments. All proceeds will be used for the improvement of our beautiful church. Please contact Kathy Harris Ndouga if you would like more details at (202) 575-8732.

St. Luke Parish Weekly Schedule

Mondays Morning Mass Live Stream @ 10:00am
Wednesday Bible Study Live Stream & Voice @ 6:00pm
Thursdays Morning Mass Live Stream @ 10:00am
Friday Holy Hour/Adoration Live Stream & Voice @ 7:00pm
Saturday Holy Rosary (Voice call only) @ 6:00pm
Easter Sunday Mass Live Stream & Voice @ 11:00am

To join our Live Stream, please go to
Facebook: <https://www.facebook.com/stluke.stlukesdc/>
Or Dial: 425-436-6339.
Access code: 269615

To continue assisting St. Luke: You may **DROP OFF** your donation or **MAIL** your check or visit our **WEBSITE** <http://www.stlukechurchssj.org/Donate> OR **TEXT**: 202-335-3116.

May God reward you abundantly for your generosity.

Bible Quote for the day: So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.—**Isaiah 41:10**

WHAT TO EXPECT WHEN PUBLIC MASSES START TO RESUME

□ Social distancing will still be in place. The six feet separation restriction will likely still be required. You will be asked to wear a face covering, as recommended by the CDC. If you are in a vulnerable category (i.e., older adult, 65 years and older; person who is immunocompromised), you may desire to remain home during the initial reopening. Anyone who is ill, or suspects he or she is ill, should refrain from participation in public activities, including Mass. In addition, in light of CDC monitoring recommendations, anyone who arrives at the church and is exhibiting symptoms may be asked not to attend Mass out of an abundance of care and caution for others. When it becomes possible to receive Holy Communion again, parishes will have procedures for receiving communion that maintains social distancing and other precautions.

□ Attendance at Mass will continue to be limited. It is expected that restrictions for any large gatherings will remain in place. However, our plan includes how parishes will allow worship in the Church while adhering to guidelines in place by local jurisdictions at a given time. □ Church seating will be limited. Only a certain number of pews or chairs will be available for use. Hymnals may be removed, and paper worship aids utilized.

□ Dispensation from the Sunday and holy day obligation will remain, due to the limited number of faithful who might be able to attend Mass and gather, and too, recognizing that those in a vulnerable category may choose to remain home. Parishes should continue livestreaming/recording Mass for the faithful.

□ Liturgical changes will remain in effect. For those able to attend Mass, similar practices like those in March will remain in place, e.g., distribution of Holy Communion under one species, no exchanging of the sign of peace, no holy water fonts, etc.