

St. Luke

Catholic Church
4925 East Capitol Street, SE
Washington, DC 20019

Staffed by The Josephite Fathers
and Brothers



Serving Washington DC (Far S.E.), N.E. and Prince Georges County Since 1957

First Sunday of Lent

Sunday, March 9, 2014

PASTORAL STAFF

ADMINISTRATOR: Rev. Cornelius K. Ejiogu, SSJ (202) 584-8322 **IN RESIDENCE:** Rev. Denis Mandamuna (202) 584-8322

IN RESIDENCE: Rev. Joseph Del Vecchio, SSJ (202) 834-2189 **DEACON:** Joseph M. Conrad, Jr.

Sister Ann Marie Schreiner, DC (205)-919-0010

ADMINISTRATIVE STAFF

SECRETARY: Ms. Michele Peters (202) 584-8322

DIRECTOR OF CENTER: Mr. John Quarles (202)584-1400

D.R.E.: Mrs. Shirley Williams

MAINTENANCE MANAGER: Mr. Eugene Russell (202)-584-4098

PARISH OFFICE HOURS

MONDAY-THURSDAY: 9:00 a.m. - 4:00 p.m.

FRIDAY & WEEKENDS: By Appointment

Fax (202) 584-3421

Email stluke.dc@adwparish.org

Website: www.stlukechurchssj.org



Welcome

ST. Luke is a warm and embracing parish family. We gladly extend our love and warmth to all those who desire to worship and follow our Lord, Jesus Christ. He is the center of our joy. Together we celebrate the Holy Eucharist which is the source and summit of our Christian life. So come join us and become part of a loving, caring, and spiritually motivated parish.

Parish Devotions

3rd Sunday - 1:00 p.m.	Cameroon Mass
Monday - ---10:30 a.m.	Miraculous Medal Novena Senior Bible Study Group
Wednesday - 8:00 a.m.	Novena to St. Joseph
Wednesday - 7:00 p.m.	Bible Study
Friday - ----8:00 a.m.	Prayer for Vocations
1st Friday - --7:00 p.m.	Holy Hour
Saturday --- 3:00 p.m.	Rosary

Mass Schedule



VIGIL MASS

Saturday: 4:00 p.m.

Sunday Masses

8:30 a.m. & 11:00 a.m.

Weekday Masses

Monday: 10:00 a.m.

Tuesday: 8:00 a.m.

Wednesday: 8:00 a.m.

Thursday: 10:00 a.m.

Friday: 8:00 a.m.

Adoration

Every 1st Friday of the Month 7:00 p.m. - 8:00 p.m.

Sacrament of Reconciliation

Saturday: 3:00-3:45pm Sunday: 7:30am-8:15am

Sunday: 10:00am- 10:45am Or by appointment

Sacrament of Baptism

Baptismal registration takes place at the Parish Office prior to baptism preparation class. Parents and God-parents preparation is held on the First Sunday of each month after the 11:00 a.m. Mass. Baptisms will take place on the Third Sunday of each month.

<u>WEEKENDS</u>		<u>TIME</u>	<u>FEAST OF THE DAY</u>	<u>MASS INTENTION</u>	<u>REQUESTED BY</u>
SATURDAY	8th	4:00 PM	VIGIL MASS	ANNA STROTHER	HILDA MCDUGALD
SUNDAY	9th	8:30AM 11:00AM	FIRST SUNDAY OF LENT SUNDAY MASS	ELSIE THOMPSON+ (BB) 2014 CONFIRMANDIS	LOUISE WASHINGTON PARISH FAMILY
MONDAY	10th	10:00AM	WEEKDAY MASS	CHIDI EJIUGU	FR. CORNELIUS
TUESDAY	11th	8:00AM	WEEKDAY MASS	SICK AND SHUT IN	PARISH FAMILY
WEDNESDAY	12th	8:00AM	WEEKDAY MASS	JAMES FREELAND+	MERCER PATTERSON
THURSDAY	13th	10:00AM	WEEKDAY MASS	MARIA UPSHAW+ (BB)	DORIS C. LUCAS
FRIDAY	14th	8:00AM	WEEKDAY MASS	UDONNA ZIXTUS+	BY FAMILY

**REFLECTION FOR THE
FIRST SUNDAY OF LENT**

“Jesus was led by the spirit into the desert to be tempted by the devil.” Today’s Gospel brings us face-to-face with the reality of spiritual warfare. A battle is going on in the desert. The devil is out to win the allegiance of the Son of God. But Jesus fights back. Not with fists or knives, but with the word of God. For every temptation the devil proposes, Jesus arms himself with “the sword of the Spirit, which is the word of God” (Eph 6:17). This strategy proves effective. Ultimately, “the devil left him,” and then Jesus was consoled by the presence of angels.

In our modern era, we face a new temptation: to deny the existence of spiritual beings. Angels appear to be little more than lawn ornaments or Christmas crafts, and too often the devil is reduced to an analogy for the vague presence of evil. Perhaps the greatest achievement of the father of lies, as Pope Francis has suggested, is to make us believe that he does not exist. But the word of God gives us a different idea: “Be sober and vigilant. Your opponent the devil is prowling around like a roaring lion looking for someone to devour” (1 Pt 5:8). This is no fairy tale. Satan wants to win our allegiance too.

During Lent, we have the opportunity to fortify ourselves for this serious, if silent, combat. Just as Jesus fasted and prayed for forty days before that diabolical encounter, we take these forty days of Lent to “conquer” the weak spots where we are susceptible to attack. We fast to strengthen our self-control, we give alms to strengthen our generosity, and we pray to strengthen our faith in God’s power and providence. A sincere effort now, in the “desert” of Lent, can lead us to victory as we engage in the ongoing spiritual battle for the allegiance of our souls.

ADMINISTRATOR’S CORNER

FASTING AND ABSTINENCE DURING LENT

Lent is the time before Easter during which the faithful abstain and fast in remembrance of the ultimate sacrifice Jesus made on Calvary. It is a 40-day time of preparation before Easter, the memorial of the death and resurrection of Jesus. There are two main ways that Catholics use to focus on growing closer to God during the Lenten season: abstinence and fasting.

Abstinence: Abstinence is the act of “doing without” or avoiding something. For example, someone may abstain from chocolate or alcohol by not consuming them. Particular days of abstinence during Lent are Fridays, Ash Wednesday and Good Friday. As canon law states, Catholics over the age of 14 are expected to abstain from the eating of meat on Ash Wednesday and all Fridays throughout the Lenten Season (Canon 1250 -1253).

During Lent, Catholics are also encouraged to undertake some sort of personal penance or abstinence. Examples include giving up sweets, a favorite TV show or not listening to the radio in the car on the way to work. Giving up these things isn’t some sort of endurance test, but these acts are done to draw the faithful closer to Christ.


For example, a person may give up his favorite TV show, but if he simply turns the television to another channel, the Lenten penance really does not mean as much. Instead, the person should consider devoting the spare time to prayer or perhaps his family. As always, when considering acts of penance that are stricter than the norm, it is important that the Catholic would speak with a priest or spiritual director. Any act of penance that would seriously hinder one’s health or the health of others would be contrary to the will of God.

Fasting: Fasting is the act of doing with less. In the Catholic Church, those ages 18 - 59 must fast on Ash Wednesday and Good Friday (Canon 97). On such days, those fasting may eat one full meal, as well as two smaller meals, sufficient to maintain strength. However, together, the smaller meals should not equal a full meal. Eating between meals is not encouraged, but liquids are allowed. It is important to understand that the Church excuses certain people from these obligations. Examples include those who are frail, pregnant or manual laborers.

The Church understands that certain people are not able to commit to the Lenten fast. The time of Lent, through fasting and abstaining, may be an important reminder of what it means to suffer. This small suffering should not be met with misery but with great joy as we better understand the incredible sacrifice that Jesus Christ made for humanity.

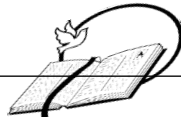
(This article was culled from <http://www.catholicnewsagency.com/resources/liturgy/lent/ fasting-and-abstinence-during-lent/>)

Pray for the Sick & Shut-In of Our Parish

Barbara Batts	Theodosia Fitch	James Holley	Vincent Neal	
Beatrice Carroll	Gwendolyn Fortune	Rudolph Holley	Annibelle Nelson	
Edna Coates	Tina Garvin	James Hughes	Betty Payne	
Deacon Joe Conrad	Oceacie Gray, Jr.	Charles Jamison	Lillian Pharms	
Edith Cornish	Joseph Grear	Fred Jones	Joseph Queen	Matthew Thompson
Alvera Dance	Florence Hall	Mary A. Lewis	Bernadette Redmond	Jerome J. Wallace
Mary E. Davis	Michael Harkins	Rose Luck	Anna E. Smith	Wayne A. Wallace
Bertha Dearing	Mary Harris	Doreene Mahoney	Betty Smith	Mary P.G. Washington
Lucille Diggs	Chris Hawkins	Barbara Mallory	Ruth Stokes	Shiela Washington
Carlos Fields, Sr.	Charlene Haywood	Clement Martin	Anna Strother	Wellington Waters
Irena Fields	Brenda Henson	Regina Neal	Kayla Tatum	Dolores Woodard, Jr.

Readings for the Week of March 9, 2014

Sunday: Galatians 2:7-9; 3:1-7/Romans 5:12-19 or 5:12, 17-19/Mathew 4:1-11
Monday: Leviticus 19:1-2, 11-18/Matthew 25:31-46
Tuesday: Isaiah 55:10-11/Matthew 6:7-15
Wednesday: Jonah 3:1-10/Luke 11:29-32
Thursday: Ecclesiastes C:12, 14-16, 23-25/ Matthew 7:7-12
Friday: Ezra 18:21-28/Matthew 5:20-26
Saturday: Deuteronomy 26:16-19/Matthew 5:43-48
Next Sunday: Genesis 12:1-4a/2 Timothy 1:8b-10/ Matthew 17:1-9



Lectors Schedule for Next Week

3/15—4:00pm Mass— Kathy Harris-Ndouga & Michael Holland
 3/16--8:30am Mass— Debora Savoy & Sylvester Mode
 3/16—11:00am Mass— Shirley Williams & Violet Tinsley

PARISHIONERS CELEBRATIONS

HAPPY BIRTHDAY:

We would like to wish Doris Dunkins, Joyce Diggs, Gertrude Quarles, Hilda McDougald and Natoshka Faxio-Douglas a very wonderful birthday celebration. May the joy of the Lord be your strength. Wishing you many more grace filled years ahead.



Church Support

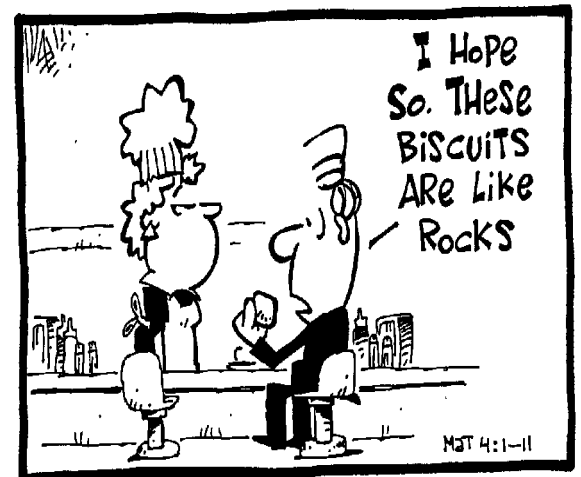
Sunday Collection:

Thank you for supporting our parish.
 May God reward you abundantly
\$6,771.75

ATTENDANCE:

279

1ST SUNDAY OF LENT





PARISH NEWS AND EVENTS

Dear Parishioners,

Our Tree of Life has not fully bloomed. We are continuing the sale of leaves for our Tree located in the northwest corner of the church (East Capitol St. side) There are 59 leaves still available for memorializing deceased family members or posting your current family names or beliefs. Each leaf is \$250 and can be paid in monthly installments. All proceeds will be used for the improvement of our beautiful church.

Please contact Kathy Harris Ndouga if you would like more details at (202) 575-8732.

TELL US YOUR ANNIVERSARIES AND BIRTHDAYS: Please notify us about your wedding anniversaries and birthdays so we can say a prayer for you. Please call parish office for further information.

BANS OF MARRIAGE: Meranda Octavia Mills, daughter of Elsie Marshall of St. Luke Church desires to be married to Joseph Reginald Coles, Son of “Thomesena Coles and Joseph Coles of Our Lady Help of Christians Catholic Church on March 15th 2014 at St. Luke.

STATIONS OF THE CROSS: The season of Lent is a great time to reflect on our Lord's Suffering, Passion and Death. He showed his love for us as he endured a great deal of anguish while carrying his cross along Calvary's way. This first Friday of the Month of March (**at exactly 6:00pm**), we will have the opportunity to walk that long and treacherous journey with him as we pray the Stations of the Cross. All Parishioners are invited to be part of this Spirit filled expression of our Lenten observance.

THE LIGHT IS ON: Exposition of the Blessed Eucharist and Confessions will be held during the Season of Lent every Wednesday from 5:00pm to 6:30pm beginning in the Church. Please stop by for some moment of silent prayer, reflection and the Sacrament of Reconciliation.

ANNUAL ST LUKE FISH FRY The Sodality will be hosting the fish fry on Friday March 14 from 11:00am to 3:00pm. Forms are at all three exits of the church or please call the Rectory to place your orders beginning Tuesdays of each week between 9:00 and 4:00pm. Stations of the Cross will be held at 7:00pm on March 14.

OLDIES BUT GOODIES featuring D.J. Funk on Friday, March 21, 2014 from 6:00pm to 10:00pm. This event is sponsored by St. Luke Center. Chicken & Shrimp will be sold and donation is only \$8.00. No alcohol. For more information contact Mr. Quarles at (202)584-1400.

DAUGHTERS OF ISABELLA: There are plenty tickets left for the trip to Williamsburg to have fun shopping at Williamsburg Pottery and Outlet and to have dinner of Captain George's Restaurant. The trip is March 29, 2014 and the cost is \$75.00. They leave St. Luke at 7:30 am. For Information contact Debbie Baker (202)583-0329 or Gloria Washington at (301)505-2850 or Janice Williams (202)584-1130

ARCHDIOCESAN NEWS

CRS RICE BOWL REFLECTION: KENYA This week, CRS Rice Bowl invites us to enter into solidarity with the people of Kenya. We are encouraged to reflect on the Catholic social teaching principle, *Sacredness and Dignity of the Human Person*, and reminded that our inherent dignity comes from our creation as children of God and not from any of our own actions. Let us pray this week for our brothers and sisters in Kenya and all around the world, that we may respect and uphold the sacredness of life and dignity of all people.